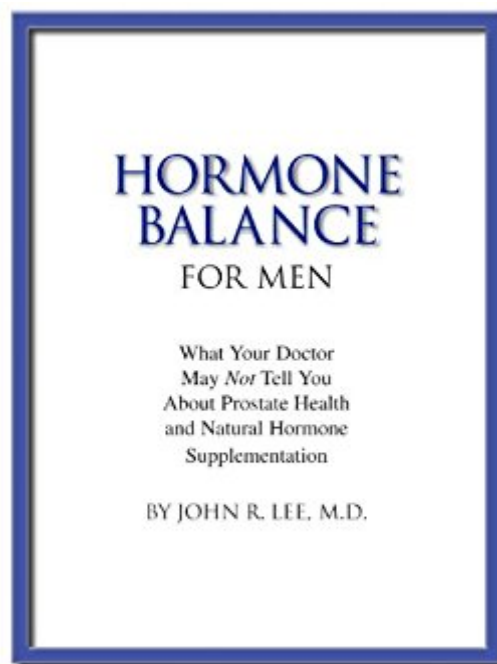




The book was found

# Hormone Balance For Men: What Your Doctor May Not Tell You About Prostate Health And Natural Hormone Supplementation.



## Synopsis

The original and thought-provoking work by John R. Lee, M.D. about men's hormones, how men can use natural hormones for optimal health, causes of prostate cancer and more. A quick read, yet loaded with useful information and suprising insights about male hormones.

## Book Information

File Size: 305 KB

Print Length: 42 pages

Publisher: One to One Inc (August 24, 2012)

Publication Date: August 24, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B009274R38

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #353,789 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health > Prostate Health #52 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #56 inÂ Books > Health, Fitness & Dieting > Men's Health > Prostate Health

## Customer Reviews

Terrific very short research on this topic, specifically for men. Don't consider the hormone route without reading this.As complements to Dr. Lee's book (and your personal research), have send you Morgantaler's "Testosterone for Life" and Rouzier's "Natural Hormone Replacement for Men and Women."

It is more important than ever for men to really understand their own bodies. The medical industry in the U.S. Is a broken system and we can no longer just "follow doctors orders", we had better understand what those orders mean and be able to ask real questions. Dr Lee's books are a wealth

of clear information about the simple and inexpensive things we can do as men to stay in top health and avoid the fad routes to keeping our vigor. Highly recommended reading...

Now increasingly accepted, John Lee's perspectives on hormonal imbalance (now called endocrine dyscrasia) that he was developing in the 1980's look prescient. Additionally, there is an unusually strong focus on diet, exercise, and sleep - lifestyle issues usually left in the back of the bus in many treatments of endocrine function in aging. I suggest this book to many patients and their families. Very readable. Highly recommended.

This book is very informative on the subject of enlarged prostate and its causes. It shows how a man's body needs the right balance of testosterone and progesterone to estrogen and shows how women and men have the same problems when these go wrong.

Excellent- information that your urologist won't tell you about

The information is broken down and easy to understand. I am more aware of how I can improve my health through Dr. Lee's research.

This is an excellent booklet covering male andropause and its effect on the male physiology, especially how it affects the prostate, the heart, overall strength, general well being and it can go on and on adding to the list, also how to manage andropause.

I admire the author, but thought this was both short and technical, without a lot of how to's and specific advice.

[Download to continue reading...](#)

Hormone Balance for Men: What your doctor may not tell you about prostate health and natural hormone supplementation. What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) Prostate Cancer: The Breakthrough Information and Treatments That Can Help Save Your Life (What Your Doctor May Not Tell You About...) What Your Doctor May Not Tell You About(TM): Premenopause: Balance Your Hormones and Your Life from

Thirty to Fifty (What Your Doctor May Not Tell You About...(Ebooks)) What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone (What Your Doctor May Not Tell You About...) What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) Glaucoma: The Essential Treatments and Advances That Could Save Your Sight (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition and Lifestyle Program to Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) Colorectal Cancer: New Tests, New Treatments, New Hope (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) Children's Vaccinations (What Your Doctor May Not Tell You About...) What Your Doctor May Not Tell You About(TM): Autoimmune Disorders: The Revolutionary Drug-free Treatments for Thyroid Disease, Lupus, MS, IBD, Chronic ... Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance What Your Doctor May Not Tell You About Premenopause/What Your Doctor May Not T What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life Hormone Reset Diet: The Ultimate Cure to Balance Your Hormones and Lose Weight (Hormone Therapy, Hormone Cure, Hormone Secret) What Men Wonâ™t Tell You: Womenâ™s Guide to Understanding Men (How to read their minds, what men want, why men cheat, why men wonâ™t commit, why men lose interest, how to avoid rejection from men) What Your Doctor May Not Tell You About(TM) Prostate Cancer: The Breakthrough Information and Treatments That Can Help Save Your Life What Your Doctor May Not Tell You About Premenopause: Balance Your Hormones and Your Life From Thirty to Fifty

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)